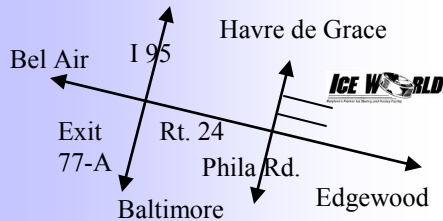


FAMILY LEARN TO SKATE

Bring the entire family together for skating lessons! Our philosophy is to provide top notch, professional instruction for beginner through advanced skaters in a relaxed and fun environment. LEARN TO SKATE is based on the fundamentals of United States Figure Skating (USFS), and is necessary for those wishing to proceed on to ice hockey or freestyle. Class includes a 1/2 hour lesson, three Free Passes to Public Sessions and Free Skate Rentals.

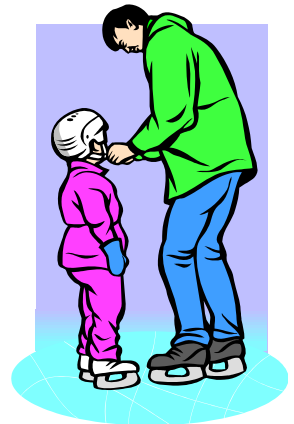
Directions: I-95 North to Exit 77-A and bear right onto Rt. 24 South. At second light, left onto Philadelphie Rd. (#7). Take second right onto Governor Court to Ice World



Saturdays 10—10:30 am

**February 18 - March 24, 2012
April 14 - May 19, 2012**

**\$99 First skater (18 years or older)
\$45 Each additional family member
(Minimum of 1 adult and 1 child per family)**



A \$5 late fee will be added to anyone who does not register before the first day of lessons. Please dress appropriately. Bike helmet and winter gloves strongly recommended. **NO MAKE-UP CLASSES. REFUNDS SUBJECT TO A \$25 REGISTRATION FEE.**

Please check your selections:

Feb. 18 - Mar. 24, 2012 Apr. 14 - May 19, 2012

LEVEL: Snowplow Sam 1 2 3
Basic 1 2 3 4 5 6 7 8

**FAMILY LTS
REGISTRATION FORM**
(Pre-registration and full payment required)

Skaters Name _____ Emergency Contact _____
Address _____ City _____ State _____ Zip _____
Work Number _____ Home Number _____ Child's DOB _____
Email Address _____

Skating Experience:
 Never skated
 Skated little/ No lessons
 Previous lessons

METHOD OF PAYMENT: CREDIT CARD* CHECK (# _____) Cash
*If Credit, Circle One: Visa M/C Discover Amex # _____
Exp. Date: _____ Security Code: _____

ASSUMPTION OF RISK AGREEMENT AND RELEASE:
Upon entering events sponsored by Ice World and/or agents or affiliates, I/We agree to abide by the rules of Ice World as currently published. I/We voluntarily and knowingly recognize, accept and assume this risk and release Ice World, Ice Partners 1, LLC, event organizers and officials from any and all liability therefore.

DATE: _____ By: _____
(Parent/Legal Guardian Signature)

**Send Check, Payable to
"ICE WORLD"**
1300 Governor Court
Abingdon, MD 21009
For Further information call
Heather Piepenburg,
Skating Director
@ 410-612-1000x101 or
skating@iceworld.com

Ice World's Basic Skills Classes

SNOWPLOW SAM 1 (Ages 4-6)

Sit and stand up: off and on ice
March in place
March forward: 8 to 10 steps
March, then glide on two feet
Dip in place: bend knees

SNOWPLOW SAM 2 (Ages 4-6)

March followed by a long glide
Dip while moving
Back wiggles: 6 in a row
Forward two foot swizzles: 2-3 in a row
Rocking horse: one forward, one backward swizzle action
Two foot hop in place

SNOWPLOW SAM 3 (Ages 4-6)

Forward skating: 8-10 steps
Forward one foot glide: R & L
Forward two foot swizzles: 4-6 in a row
Backward two-foot swizzles: 4-6 in a row
Forward snowplow stop with a skid
Curves

BASIC 1

Sit on the ice and stand up
March forward across the ice
Skate forward and glide on two feet
Dip
Forward two foot swizzles: 6-8 in a row
Backward wiggles: 6-8 in a row
Snowplow stop
Rocking horse swizzle action: 2-3 in a row
Two foot hop on a spot

BASIC 2

Forward one foot glide: R & L
Backward two foot glide
Backward two foot swizzles: 6-8 in a row
Two foot turn from forward to backward in place
Moving snowplow stop
Forward alternating 1/2 swizzle pumps in a straight line

BASIC 3

Forward stroking showing the correct use of the blade
Forward 1/2 swizzle pumps on a circle, 6-8 in a row: both direction
Moving forward to backward two foot turn: both directions
Backward one foot glides, R & L
Forward Slalom
Two foot spin: 2 revolutions

BASIC 4

Forward outside edge on a circle, held 2 times the skater's height: R & L
Forward inside edge on a circle, held 2 times the skater's height: R & L
Forward crossovers, both direction: 5 consecutive crossovers
Forward outside three turn from a T-position: R & L
Backward 1/2 swizzle pumps on a circle: 6-8 consecutive, both directions
Backward Stroking
Backward snowplow Stop: R & L

BASIC 5

Back outside edge on a circle, held 2 times the skater's height: R & L
Back inside edge on a circle, held 2 times the skater's height: R & L
Backward crossovers, both directions: 5 consecutive crossovers
Beginning one foot spin: 3 revolutions
Hockey Stop
Side toe hop: both directions

BASIC 6

Forward inside three turn from a T-position: R & L
Moving backward to forward two foot turn on a circle: both directions
T-stop with outside edge skid R OR L
Bunny Hop
Forward arabesque/spiral in a straight line: R OR L
Forward Lunge: R OR L

BASIC 7

Forward inside open Mohawk from a T-position: R & L
Backward outside to forward outside transition on a circle: R & L
Ballet Jump
Back crossovers to backward outside edge glides (landing position), both directions
Forward inside pivot

BASIC 8

Moving forward outside three turns on a circle: R & L
Moving forward inside three turns on a circle: R & L
Combination move: Forward crossovers (2) into a FI mohawk, cross behind, push into a back crossover (1) and push to FI edge— repeat 3 times, both directions
One foot upright spin
Waltz jump
Mazurka: R OR L

For more information, please contact: Heather Piepenburg, Skating Director @ 410-612-1000 x101, fax 410-612-1004 or email: skating@iceworld.com